



- 2040 Oakley Seaver Dr, Clermont, FL 34711
- 2320 North Blvd, Suite C, Davenport, FL 33837
- 1584 Citrus Medical Court, Ocoee, FL 34761

FLEX SIGMOIDOSCOPY PREP INSTRUCTIONS

- Rajab Abu Khadrah, M.D.** **Khalid Maqsood, M.D.** **Fadi Rahhal, M.D.**
NPI# 1023083896 NPI# 1629047378 NPI # 1306062724

Your procedure is scheduled for _____
Flex-Sig: 45330

South Lake Hospital

South Lake Endoscopy Center

Heart of Florida Hospital

Health Central Hospital

Clermont Ambulatory Surgery Center

- ❖ If your procedure is scheduled at *South Lake Endoscopy Center*, located at 2040 Oakley Seaver Dr. Clermont, FL 34711. They will contact you the day before your procedure to give you an arrival time. **If you have not heard from them by 1pm the day before your procedure, please contact them at 352-536-8895.**
- ❖ If your procedure is scheduled at *South Lake Hospital*, you will need to call the hospital after 5pm the day before your procedure for your arrival time. **352-241-7159.**
- ❖ If your procedure is scheduled at *Heart of Florida Hospital*, located at 40100 Highway 27, Davenport, 33837. They will contact you the day before your procedure to give you an arrival time. **If you have not heard from them by 2pm the day before your procedure, please contact them at 863-419-2589.**
- ❖ If your procedure is scheduled at *Health Central Hospital*, located at 10,000 West Colonial Drive in Ocoee, they will call you to give you an arrival time. **If you have not heard from them by 12:00 p.m. the day before your procedure, please call them at 407-296-1270.**
- ❖ If your procedure is scheduled at *Clermont Ambulatory Surgery Center*, located at 255 Citrus Tower Blvd, Ste 100. They will call you the day before your procedure to give you an arrival time. **If you have not heard from them by 2 p.m. the day before your procedure, please contact them at 352-536-6340.**
- **If you take blood thinners such as Aspirin, Coumadin, Plavix, Pletal, Ticlid, warfarin, you will need to hold it for minimum of 3-5 days before the procedure. Please check with the doctor that prescribed it to you to ensure that it is safe for you to do so. Your other medications will be continued as**

normal. If you have any questions regarding this please consult our medical staff.

- **2 days before the procedure avoid popcorn, peas, beans, seeds, nuts, and lettuce**
- **NO red or purple liquids.**

Purchase from the pharmacy:

- ✓ **1 Magnesium Citrate 8 oz bottle**
- ✓ **4 Dicolax Laxative Tablets**
- ✓ **2 Fleet Enemas**

Preparation:

The day before the procedure:

- 1. Clear liquid diet all day. NO solid food.**
- 2. NO red or purple liquids or foods.**
- 3. At noon, drink 8oz of Magnesium Citrate.**
- 4. Wait two hours then take 4 Dicolax Laxative Tablets.**
- 5. Nothing to eat or drink after midnight.**

The day of the procedure:

- 1. Take one Fleet enema 2 hours prior to the procedure.**
- 2. If stools are not clear or yellow in color, within 10 minutes of enema, take 1 more enema.**

You may take your medications:

- **The day before your Procedure (Except Blood Thinners).**
- **Do not take any medications until after your procedure is complete on your scheduled procedure date.**

Risk of the procedure:

- Bleeding
- Infection
- Perforation of the bowel lining requiring surgical intervention

It is very rare that these complications occur but in the event that you have any of the following you should go directly to the Emergency Room:

- Heavy rectal bleeding
- Sharp/severe abdominal pain
- Severe nausea or vomiting
- Fever

If you have Congestive Heart Failure or Renal (kidney) Disease please notify the office.

After you take the prep, your stool should be yellow in color. If you are not clean, call the office. You may need to reschedule.

You must have an adult over the age of 18 years old stay with you and drive you home after the procedure.

The actual procedure takes about 20-30 minutes but set aside 3 hours for you and your driver.

You are required to schedule a follow up visit with our physicians to discuss the results of the procedure. It is our policy that we do not give results over the phone.

*****Absolutely all piercings must be removed prior to procedure*****

Attention Diabetics:

- 1. Please notify the staff that you are diabetic.**
- 2. You will be scheduled early in the morning.**
- 3. If you take pills for your blood sugar, take them as usual on the prep day and do not take them on the day of the procedure until after the procedure is done.**
- 4. If you take insulin, take only ½ of your normal dose on the morning of your procedure.**
- 5. Please monitor your blood sugar closely on the prep day and take it in the morning before you leave home for the procedure.**
- 6. Please notify the nurse of the results when you arrive for the procedure.**

ATTENTION PATIENTS PLEASE READ:

South Lake Endoscopy Center is operated by Southlake Hospital. Billing for procedures are done by Orlando Health except for your doctor's fee which is billed by South Lake Gastroenterology. Anesthesia Services are billed by South Lake Anesthesia. If you are scheduled for procedure at South Lake Endoscopy Center, Please call 352-536-8895 to discuss all fees associated with your procedure. For Anesthesia, please call 352-243-9114.

You have been scheduled for a procedure. Please be advised that you will incur at least three different bills for your procedure. They will be as follows:

- 1. Facility Charge** (The place where your procedure is scheduled).
 - Clermont Ambulatory Surgery Center (352-536-6340)
 - South Lake Hospital (352-394-4071)
 - South Lake Surgery Center (352-536-1703)
 - Leesburg Regional Medical Center (352-323-5879)
- 2. Physician Charge** for the procedure itself.
- 3. Anesthesia Charge** (The facility can provide information about costs).
- 4. Lab Charge** (for testing or if biopsies are taken).

South Lake Gastroenterology makes every effort to call your insurance company to verify coverage for your procedure. This is no guarantee of payment from your insurance company. If you require an authorization for procedures, please notify our billing department immediately. It

is the patient's responsibility to know the coverage of the policy. If you have questions regarding the coverage of your procedure, you will need to contact your insurance company directly.

South Lake Gastroenterology can only estimate charges incurred for our Physicians' services. If you have questions regarding any of the above mentioned charges, please contact the facility at which you are scheduled.

Self Pay Patient: The doctor's fee for Endoscopy is \$400 and Colonoscopy is \$400. **This amount must be paid prior to scheduling your procedure appointment.**

HMO Patient: Please make every effort to make sure authorization is obtained for your procedure. You can confirm this by calling our Billing Department one week prior to your procedure.

Medicare Patient: No authorization is required.

Under 50 years of age and scheduled for colonoscopy, please call your insurance company to verify if the procedure will be covered. If you have questions, please contact our Billing Department at 352-242-1665.

****** NO RED, PURPLE OR BLUE LIQUIDS******

YOU MAY HAVE THE FOLLOWING:

- WATER
- GINGER ALE
- MOUNTAIN DEW
- COLA, DIET COLA
- LEMONADE
- GATORADE, POWERADE, G2
- APPLE JUICE
- WHITE GRAPE JUICE
- WHITE CRANBERRY JUICE
- UNCOLORED PEDIALITE
- CHICKEN BROTH, BEEF BROTH, VEGATABLE BROTH
- COFFEE (NO MILK OR CREAMER)
- TEA (HOT OR COLD, SWEET OR UNSWEET)
- POPSICLES
- HARD CANDIES, LOLLIPOPS

PLEASE CALL US IF YOU HAVE ANY QUESTIONS AT 352-242-1665